

Prepared by the International Labour Office  
in collaboration with the International Ergonomics Association

# **TITIK SEMAKAN ERGONOMI**

Kaedah-kaedah penyelesaian mudah dan praktikal untuk memperbaiki keselamatan, kesihatan dan keadaan kerja

# **ERGONOMIC CHECKPOINTS**

Practical and easy-to-implement solutions for improving safety health and working conditions